

2023-24 NFHS VOLLEYBALL RULES POWERPOINT

National Federation of State
High School Associations



Rules Changes
Editorial Changes
Points of Emphasis

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AT THE CENTER OF EVERY VOLLEYBALL CHAMPIONSHIP



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HIGH SCHOOL ASSOCIATIONS**

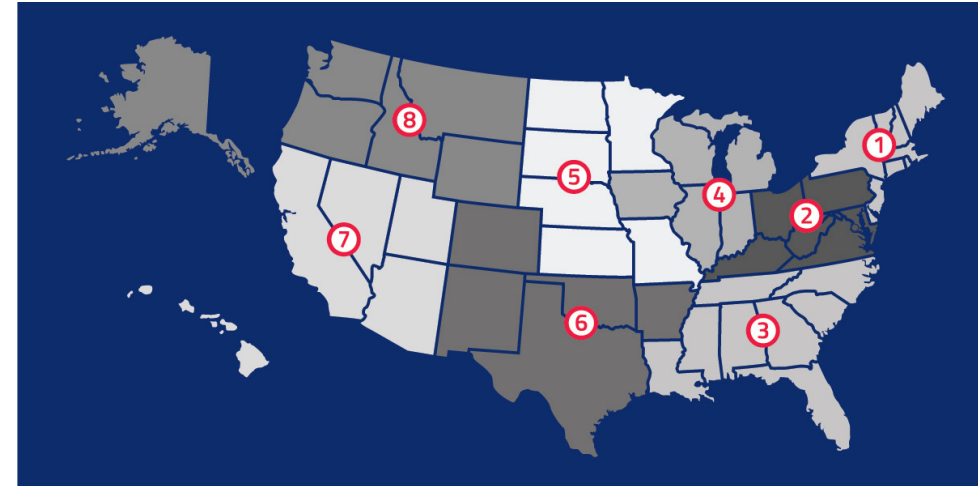


NATIONAL FEDERATION OF STATE HIGH SCHOOL ASSOCIATIONS (NFHS)



NATIONAL FEDERATION OF STATE HIGH SCHOOL ASSOCIATIONS

- NFHS (located in Indianapolis, IN – Est. 1920):
 - National leader and advocate for high school athletics and performing arts programs.
 - Serves 51 state associations, 19,500 high schools and 12 million student participants.
 - Writes playing rules for 17 high school sports for boys and girls.
 - Offers online education courses for high school coaches, officials, parents, students and others.
 - Ensures that students have opportunity to enjoy healthy participation, achievement and good sportsmanship in education-based athletics.



NFHS RULES REVIEW COMMITTEE

- The NFHS Rules Review Committee is chaired by the chief operating officer and composed of all rules editors. After each committee concludes its deliberations and has adopted its recommended changes for the subsequent year, such revisions will be evaluated by the Rules Review Committee.



Davis Whitfield
Chief Operating
Officer



Lindsey Atkinson
Basketball, Girls
Lacrosse and
Volleyball



Bob Colgate
Football and Sports
Medicine



Sandy Searcy
Softball, Swimming &
Diving and Water Polo



Elliot Hopkins
Baseball and
Wrestling



Julie Cochran
Cross Country, Gymnastics,
Field Hockey, Soccer and
Track & Field



James Weaver
Boys Lacrosse
and Spirit



Dan Schuster
Ice Hockey





NFHS RULES COMMITTEE



Jo Auch
Pierre, SD
Chair - 2024



Paula Kirkland
Roebuck, SC
Coaches - 2024



Nora Carter
Albuquerque, NM
Officials - 2026



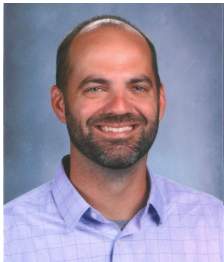
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Section 1 - 2026



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Section 2 - 2025



Kimberly Haywood
Greenville, SC
Section 3 - 2023



Ben Van Wyk
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Valley City, ND
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Nick Lasker
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Jan Whittaker
Midvale, UT
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Sandi Wagner
Anchorage, AK
Section 8 - 2025



NATIONAL FEDERATION OF STATE HIGH SCHOOL ASSOCIATIONS

- The NFHS writes playing rules for 17 sports for boys and girls at the high school level.
 - Publishes 4 million pieces of materials annually.





Rules Changes

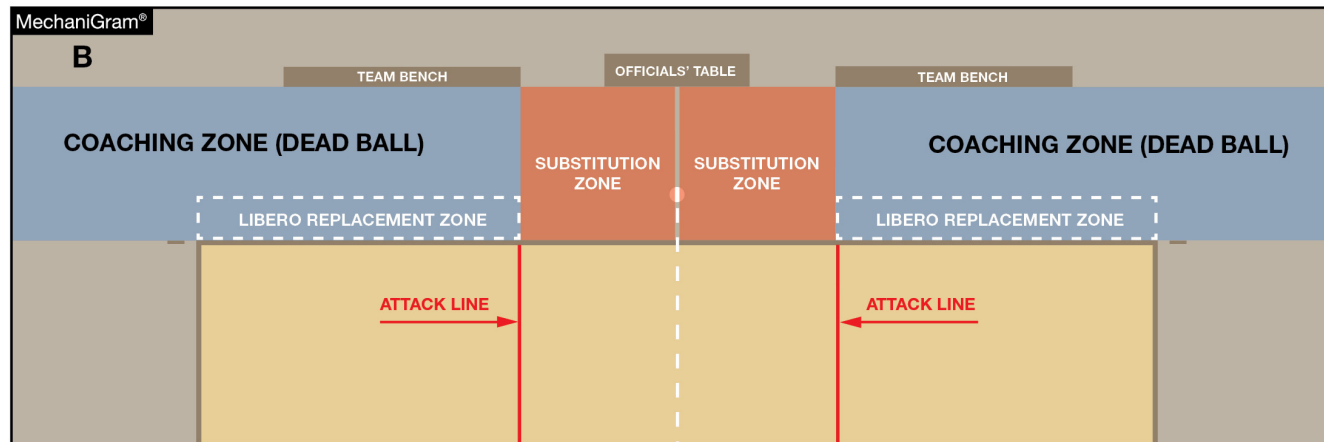
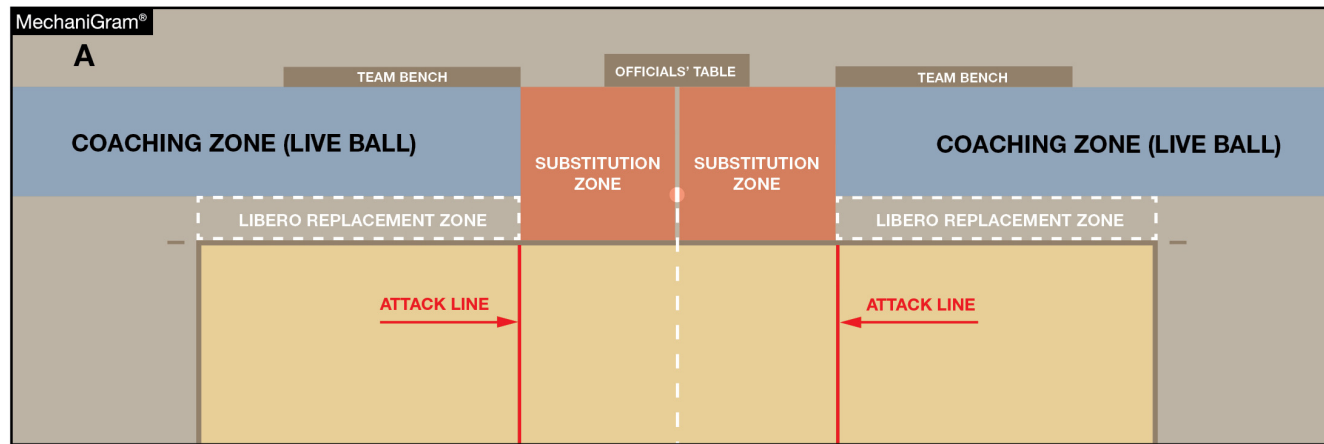
2023-24 NFHS VOLLEYBALL





THE COURT AND MARKINGS

2-1-9 (NEW) & 12-2-5



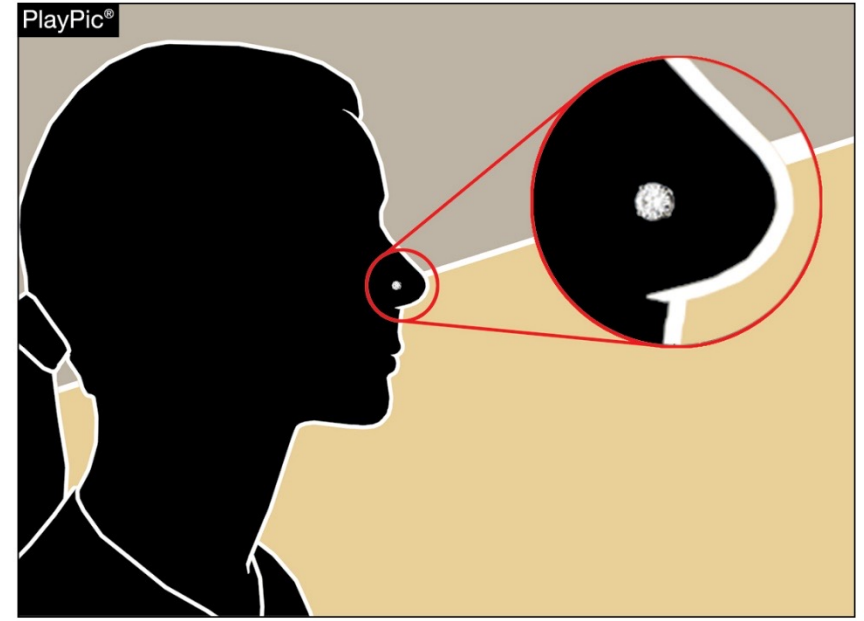
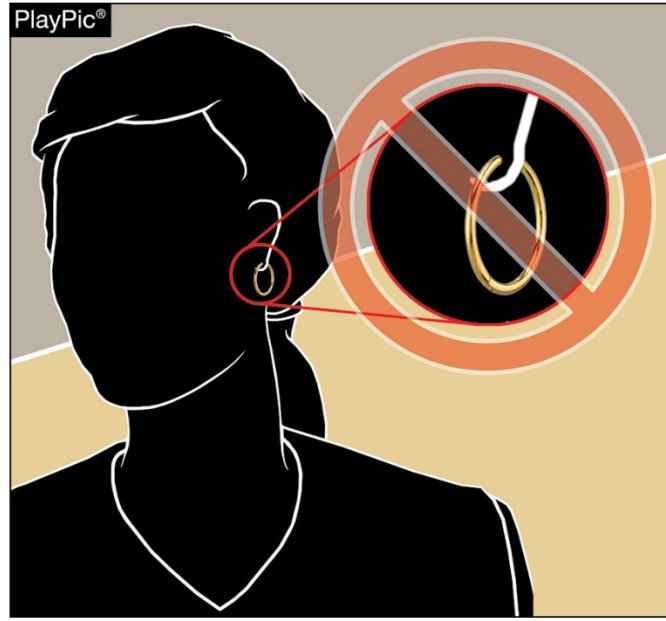
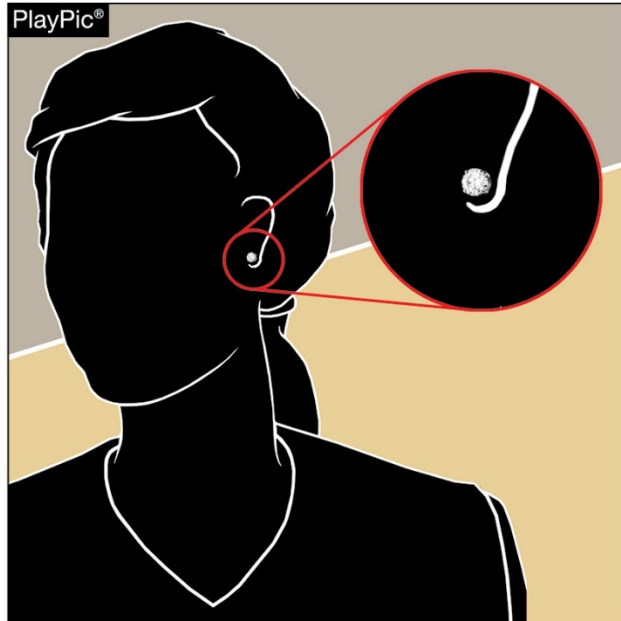
- A new Coaching Zone has been established to clearly identify the area in which coaches are allowed to stand.
- This area is defined by the libero replacement zone extending beyond the end line and sideline extended.
- Head coaches must maintain a distance of at least 6 feet from the sideline during live-ball situations (MechaniGram A) and may approach the sideline during dead-ball situations (MechaniGram B).





EQUIPMENT AND ACCESSORIES

4-1-7



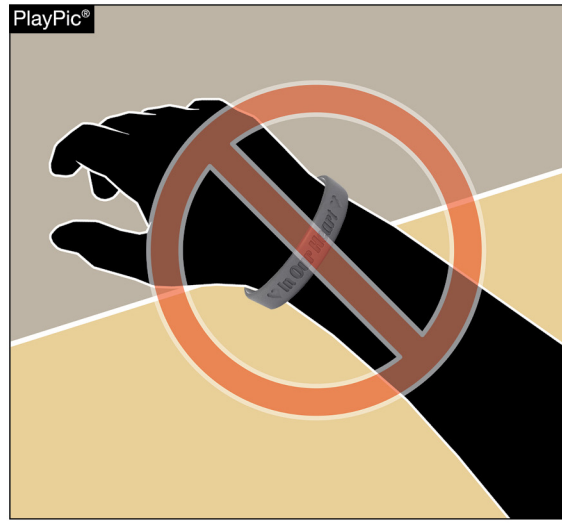
- Small, secured stud or post jewelry may be worn above the chin.
- No jewelry is permitted below the chin.





EQUIPMENT AND ACCESSORIES

4-1-7



- String bracelets, commemorative bracelets and body jewelry are considered jewelry and are not permitted.
- Taping over jewelry is not permitted.
 - Exceptions remain for religious and medical alert medals



LEGAL UNIFORM

4-2-4b



- Numbers with a leading zero (01, 02, 03, etc.) will be non-compliant beginning in 2028.
- Legal uniforms must be numbered 0-99.

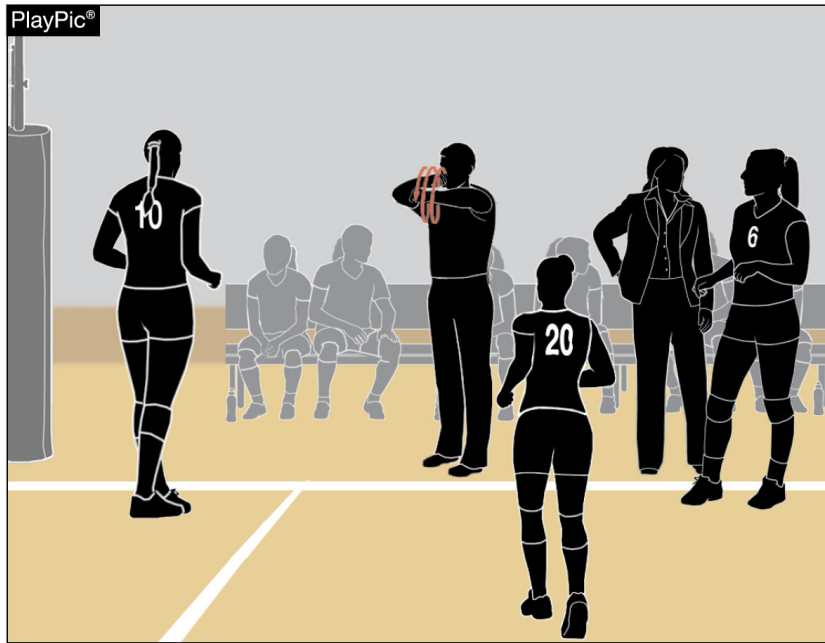




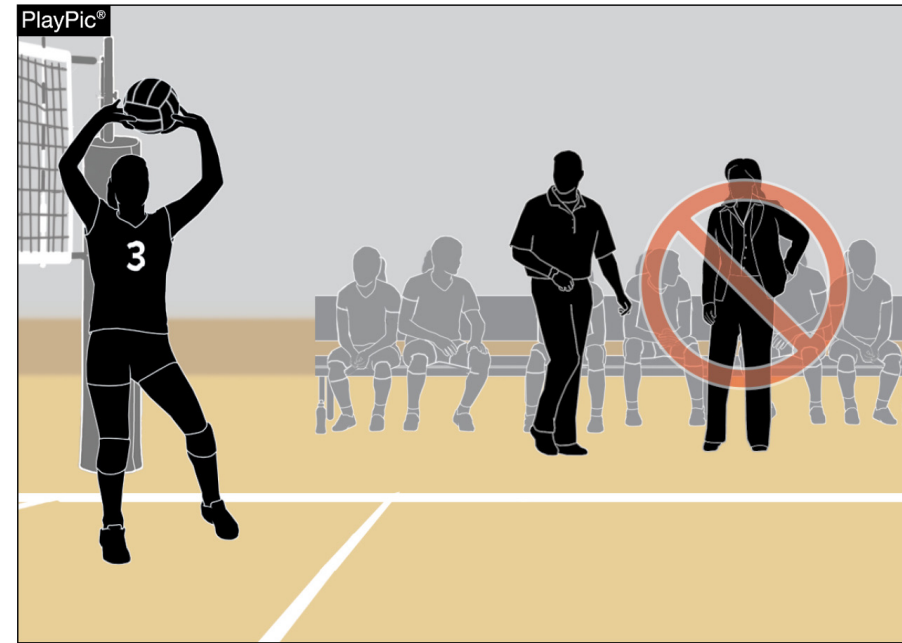
CONDUCT

5-5-3b(11), 12-2-6

Dead Ball



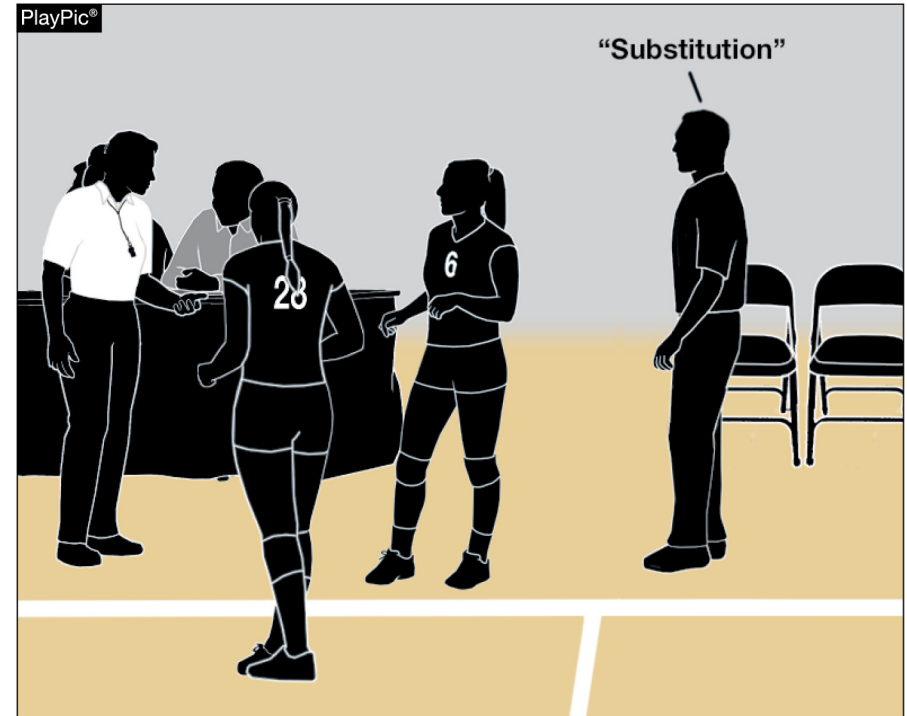
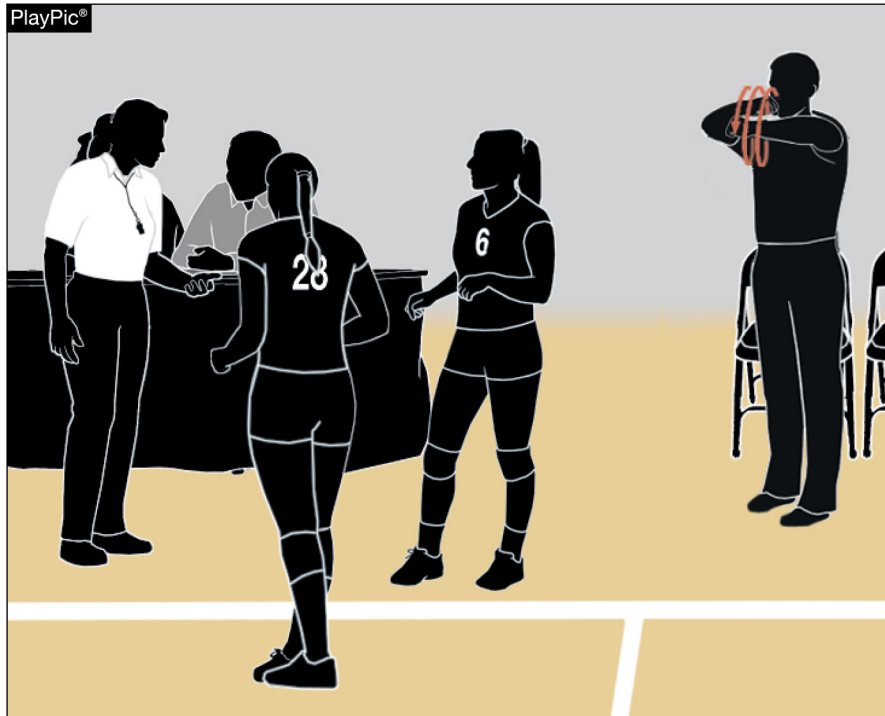
Live Ball



- One assistant coach may stand within the coaching zone to provide instruction during dead-ball situations only.
- The assistant coach who stands may change throughout the match – **only one** can stand at a time.



PROCEDURE FOR SUBSTITUTION 10-2-1



- The head coach may signal or verbally request a substitution.



4-2-4c LEGAL UNIFORM



ILLEGAL (2023)



LEGAL



LEGAL

- Beginning with the 2023 season, the body of the uniform number must clearly contrast with the uniform top regardless of the border/trim.





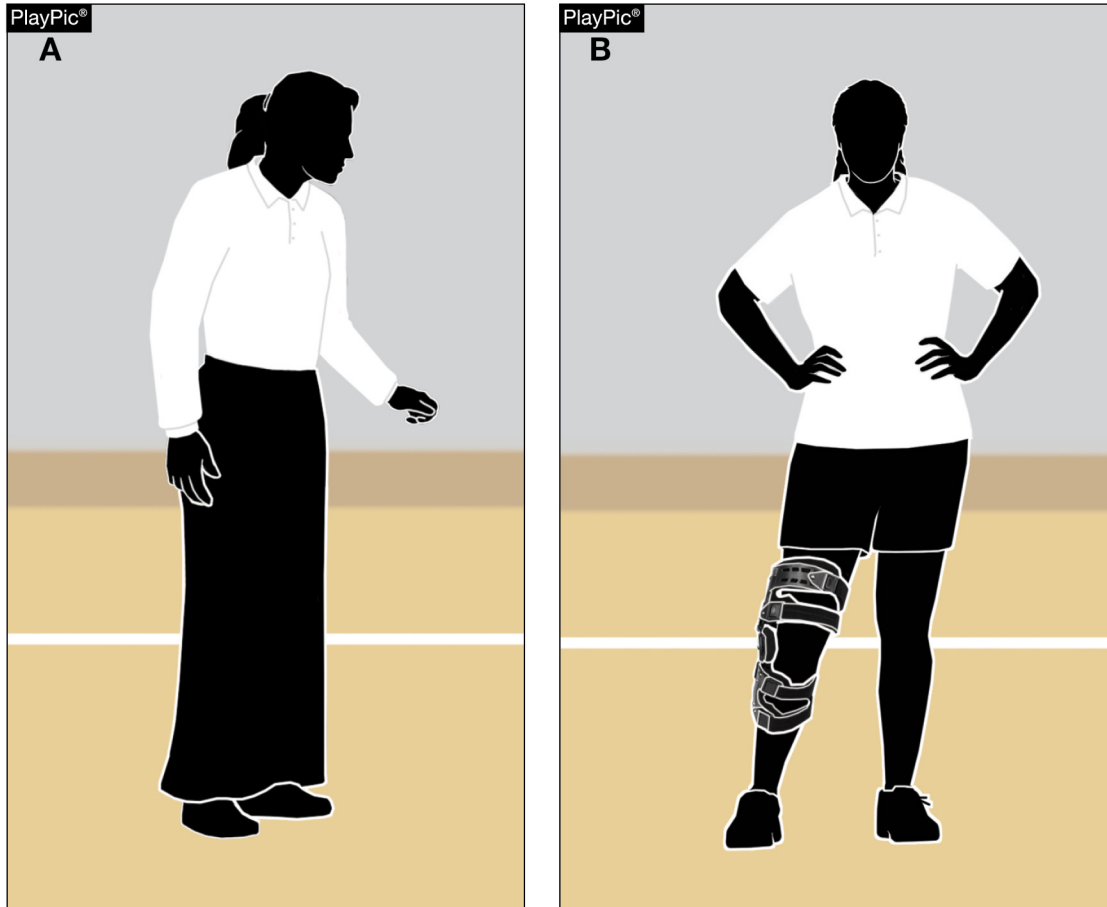
Editorial Change

2023-24 NFHS VOLLEYBALL





5-3-1 NOTE (NEW) OFFICIALS UNIFORM ACCOMMODATIONS



- Officials uniform accommodations may be made for religious and medical reasons while adhering to the established colors in items (a) and (b).





EDITORIAL CHANGES

- 2-1-1, 2-1-3, 2-1-4, 2-1-5, 2-1-6, 3-1-1, 3-1-2, 3-5
Added “or” before the metric measurement to clarify that either measurement is legal.
- 5-5-3b(10), 9-1-1, 10-2-7a(1)
Added appropriate reference to the new “coaching zone.”
- 10-2-1
Eliminated clerical error that a captain could request a substitution.





Points of Emphasis

2023-24 NFHS VOLLEYBALL





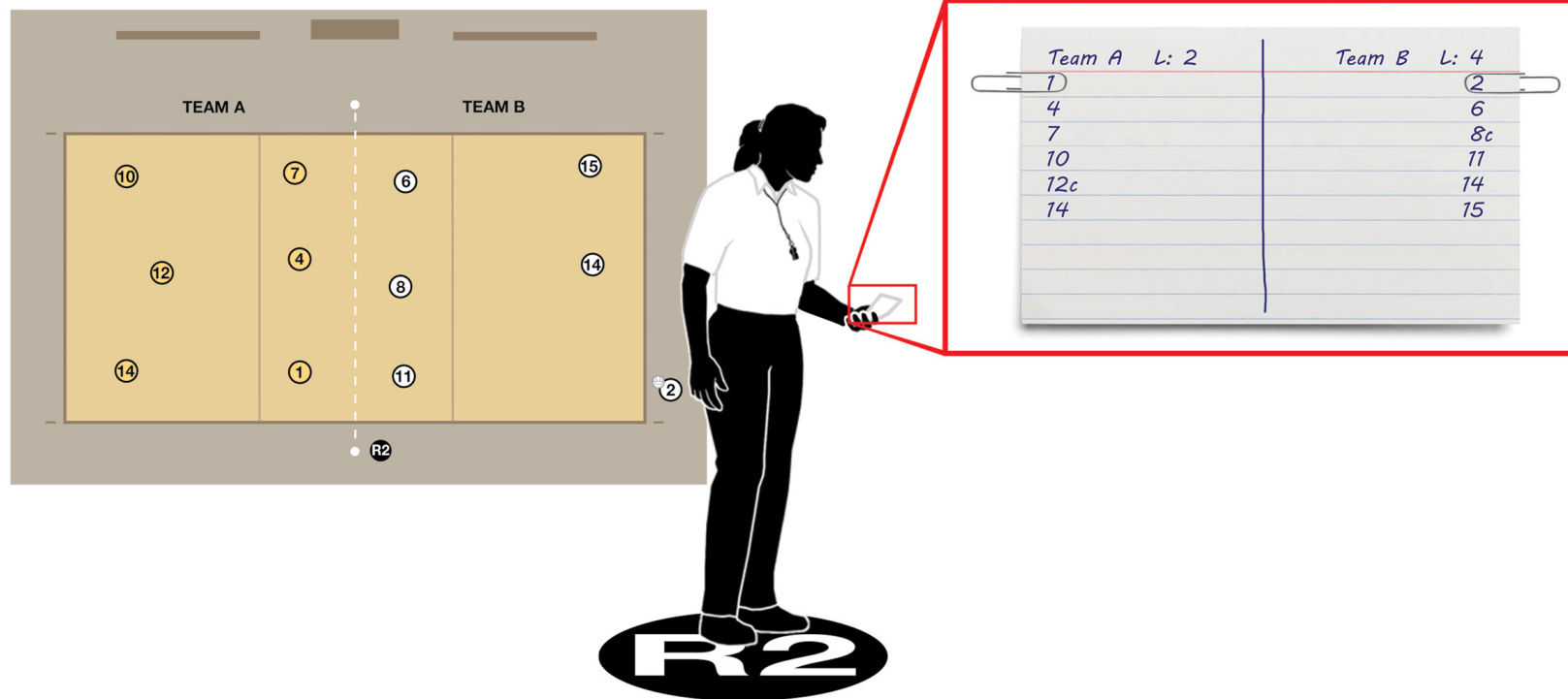
USING THE LINEUP CARD EFFECTIVELY

- The lineup card is a tool to assist the second referee and is used to:
 - Record starting lineups; and
 - Verify each team's lineup at the start of each set.

- The second referee can also use the lineup card to:
 - Record substitutions;
 - Record time-outs used by each team;
 - Identify players (circle the back-row setter); and/or
 - Record yellow/red cards.



USING THE LINEUP CARD EFFECTIVELY: STARTING PLAY



- Second referees should use or create a succinct lineup card for checking the teams' starting positions prior to each set.



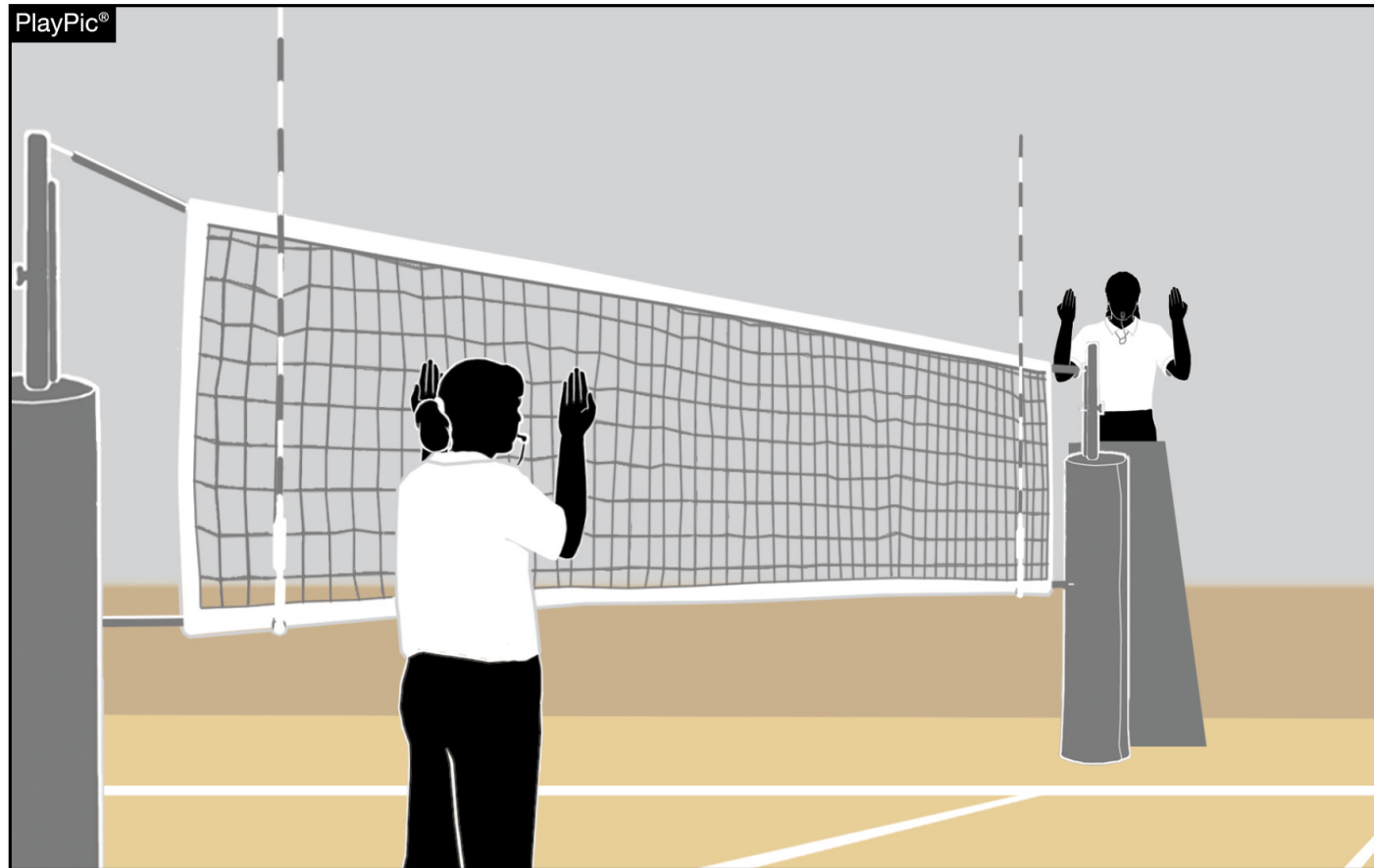
USING THE LINEUP CARD EFFECTIVELY: STARTING PLAY

- Once the lineups have been checked, the captain has been identified, the libero (if used) has been authorized by the second referee to enter, the game ball has been retrieved from the officials' table and tossed to the first server, the second referee should:
 - Place the lineup card and writing utensil in a pocket;
 - Take the ready position on the receiving team's side;
 - Face the court with shoulders parallel;
 - Make eye contact with the first referee; and
 - Signal "ready" by extending the arm farthest from the net toward the first referee.





USING THE LINEUP CARD EFFECTIVELY: DURING THE SET



- During play, second referees should keep lineup cards in their pocket in order to properly mimic their partner's signals.
- Second referees should refrain from signaling with a lineup card or pencil in hand.
- During substitutions, if recording on the lineup card, quickly take the card out, note the changes and put the card back in a pocket.
- Refrain from giving the court back to the first referee until the lineup card and pencil are put away.

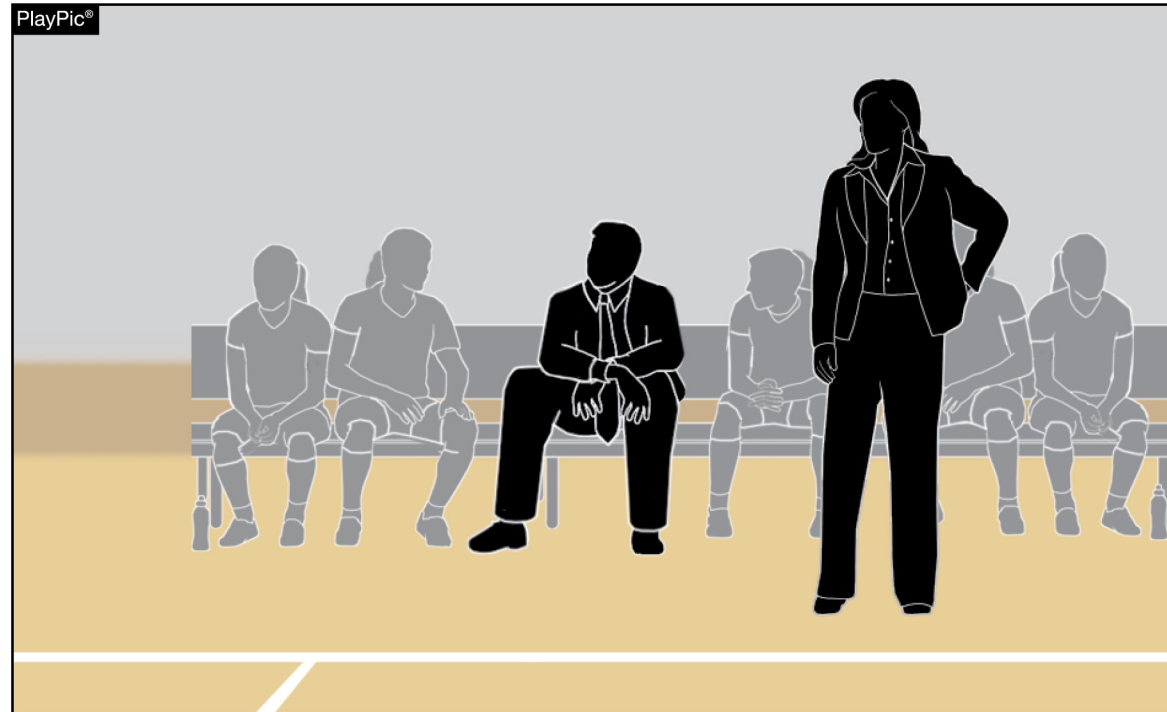
COACHING ZONE PRIVILEGES



- The pre-match conference provides an opportunity for the officials to identify the head coach of each team for the current match.
- During the pre-match conference, officials should remind head coaches that **only one** assistant coach at a time may stand during a dead ball.

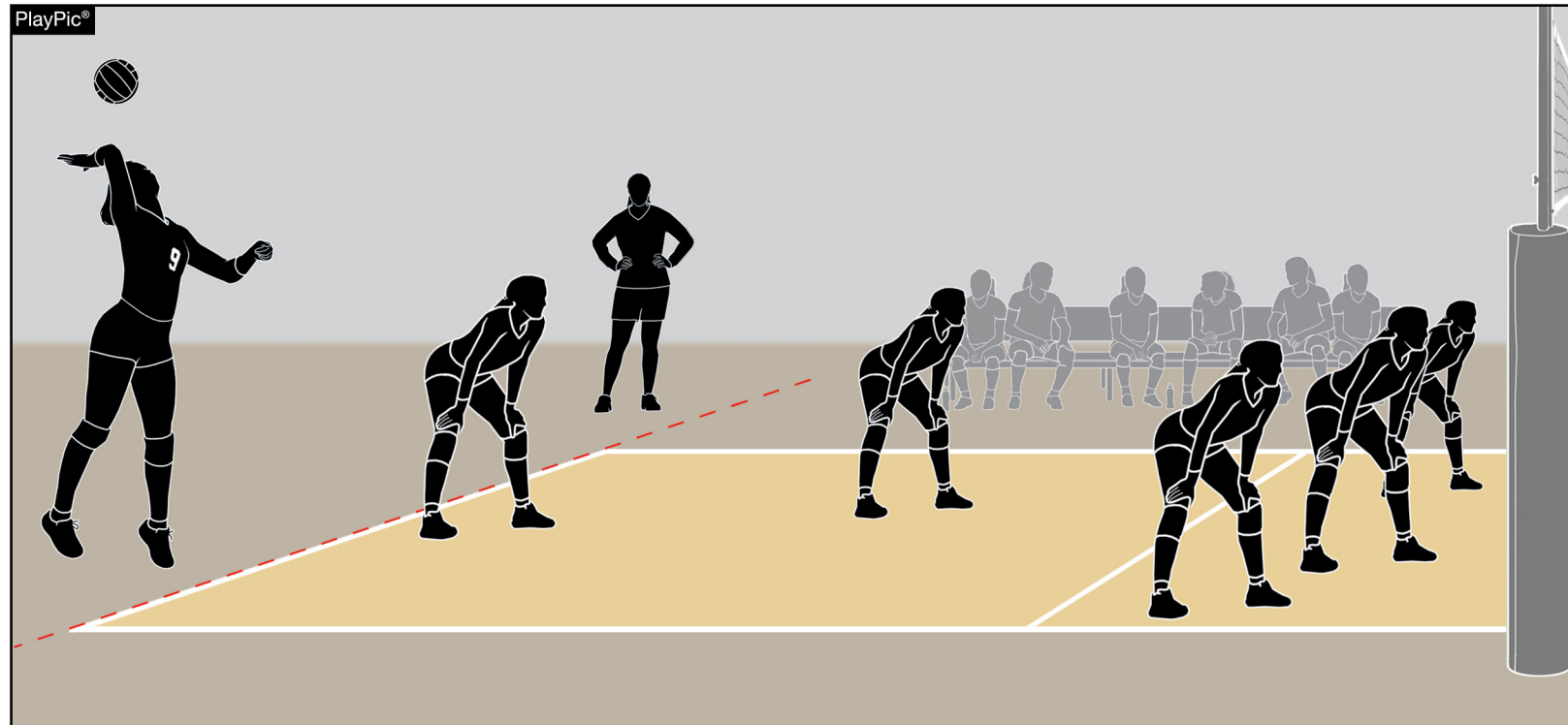


COACHING ZONE PRIVILEGES



- Once the first referee extends an arm for the authorization of serve, the assistant coach must return to the bench and may not stand again until the next dead ball.

COACHING ZONE PRIVILEGES



- The head coach may stand and coach beyond the libero replacement zone. However, the coach must remain six feet off the court during play and may not cross the sideline extended during dead-ball situations.



COACHING ZONE PRIVILEGES

- Assistant coaches may not address officials, except to:
 - Review the accuracy of the score,
 - Verify the number of time-outs used by their team,
 - Verify the number of substitutions used by their team, or
 - Verify the proper server for the opponent.
- Abuse of these privileges will result in:
 - **Yellow** Conduct Card (warning) for first minor offense;
 - **Red** Conduct Card (penalty) for first serious or second minor offense and loss of rally/point is awarded to opponent.





NFHS OFFICIALS EDUCATION





OFFICIALS EDUCATION

CONTENT REMAINS FREE OF CHARGE



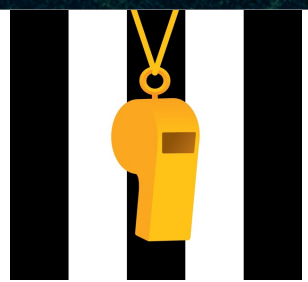
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CHANGES

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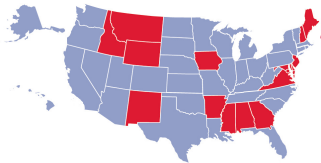




CENTER FOR OFFICIALS SERVICES



Year Two Accomplishments



16

States
Registering
Officials



194,810

Contests
Assigned



\$29M

Payments
Sent to
Officials



Future Developments:

- Auto Assign
- Mobil Assign
- Customized Game and Travel Fees
- Mass Update Capabilities
- Integrated Playoff Financial Reporting



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Fundamentals of Coaching



Concussion in Sports



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Protecting Students from Abuse



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NFHS NETWORK

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National Federation of State High School Associations

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