

TSSAA/CAVOA Volleyball Exam

2020-21

Disclaimer: This is NOT a qualifying exam for TSSAA/NFHS. This test is meant to be used by local associations as a training/study guide.

SECTION I: DO THE NUMBERS ADD UP? Fill in the blanks from the Answer Bank below...

1. The volleyball court (both sides—baseline to baseline) measures \_\_\_\_\_ feet in length.
2. The regulation net height is \_\_\_\_\_.
3. A team is allowed \_\_\_\_\_ contacts before the ball must be returned to the other side (not including the block).
4. The attack line is \_\_\_\_\_ feet from the centerline.
5. The pressure of the volleyball is \_\_\_\_\_ to \_\_\_\_\_ psi (pounds per square inch).
6. Regulation volleyball matches for varsity play must be the best \_\_\_\_\_ sets to complete a match.
7. It is recommended that the area above the court be clear of any obstructions and at least \_\_\_\_\_ feet high.
8. All boundary lines are \_\_\_\_\_ inches wide.
9. The area around the outside of the court must be at least \_\_\_\_\_ in depth.
10. The net shall be \_\_\_\_\_ inches to \_\_\_\_\_ inches wide overall.
11. Net antennas shall be affixed to the net on the outside of the sidelines and must extend upward at least \_\_\_\_\_ feet but no more than \_\_\_\_\_ feet above the net.
12. The referees should be courtside at least \_\_\_\_\_ minutes prior to the scheduled match time.
13. The scorer, libero tracker, timer, and 2-line judges should be courtside at least \_\_\_\_\_ minutes prior to the scheduled match time.
14. The number on the front of the jersey must be at least \_\_\_\_\_ inches tall, measuring at least \_\_\_\_\_ inch wide at the narrowest part, placed on the jersey no more than \_\_\_\_\_ inches down from the bottom edge of the neckline or shoulder seam.
15. A player gets \_\_\_\_\_ re-serve per term of service.

ANSWER BANK:

1	2	3	3/5	¾
2 ½	3 ½	4.3	4.6	5
6	4	7'4 1/8"	10	20
23	30	36	39	60

SECTION II: True or False/Mark T or F

16. \_\_\_\_\_ There is a maximum of 3 minutes between sets unless an intermission is used.
17. \_\_\_\_\_ Each team is allowed 3 timeouts per set.
18. \_\_\_\_\_ When a team commits a fault, the result is a loss of rally and the opponent shall receive a point.
19. \_\_\_\_\_ A team must score at least 21 points with a 2-point advantage to win a set.

20. \_\_\_\_ The home team always selects its team bench for the 1<sup>st</sup> set.
21. \_\_\_\_ The use of artificial noisemakers is prohibited at all matches. (does not include a school band).
22. \_\_\_\_ The ball is out of bounds if the ball touches a wall or curtain around the court if it is at least 6 feet outside of the court boundaries.
23. \_\_\_\_ The ball is replayed if it touches a non-team member who is not interfering with a player's legitimate effort to play the ball.
24. \_\_\_\_ Each competition volleyball MUST have the NFHS authenticating mark.
25. \_\_\_\_ If a player has an illegal uniform, she will not be allowed to compete in the match until it is made legal.
26. \_\_\_\_ The pre-match conference with the scorer, tracker, and timer is conducted by the first referee.
27. \_\_\_\_ The scorer should record the points in the individual scoring section and the running score column. For discrepancies, the running score is the official score.
28. \_\_\_\_ A line judge should wave the flag and point if a player touches the net or antenna.
29. \_\_\_\_ If a coach submits the roster after the 10-minute mark before the match during the warmup period, the coach should be assessed an individual yellow misconduct card.
30. \_\_\_\_ During the serve, the right back player can only serve from the right back position of the court behind the baseline measuring 10 feet from the sideline toward the middle of the court.

MULTIPLE CHOICE: Circle the correct answer.

31. A live ball becomes DEAD when it:
  - a. Lands out of bounds
  - b. touches 2 players simultaneously
  - c. touches the net
32. In which situation below should a blocker be penalized:
  - a. Blocks and then digs the ball
  - b. blocks & attacks the ball
  - c. Blocks, digs, sets a ball
33. Which of the following constitutes an illegal block?
  - a. 2 front row players block above the height of the net
  - b. back row setter "soft blocks" a ball when her hands are completely below the height of the net
  - c. front row player and libero attempt to block with both players having some part of body above height of the net but no ball contact
34. When opposing players legally contact the ball simultaneously (blocker and attacker), which would result in a replay?
  - a. Ball lands in court on attacker's side
  - b. ball lands out of bounds on blocker's side
  - c. ball rolls along top of net into antenna
  - d. ball lands in backcourt of attacker's side
35. A foot fault occurs on the serve in which situation?
  - a. Player makes contact with the baseline after the contact of the serve
  - b. Player makes contact with the baseline during contact of the serve
  - c. Player makes contact with the baseline before the contact of the serve, steps back behind the baseline and serves the ball.
  - d. Jump server makes contact with the baseline after the contacts the ball in the air & lands on

baseline

CHOOSE THE CORRECT ACTION IN EACH SITUATION: Answer choices are:

Point                      Substitution              Timeout                      Unnecesssary Delay/Yellow or Red Card

Individual Misconduct Card/Yellow or Red Card                      Forfeit

36. \_\_\_\_\_ Coach submits lineup. Before set 1 begins, after the R2 checks the lineup, the coach requests a substitution.
37. \_\_\_\_\_ A player is injured. After the end of the 30-second evaluation period, the player is not ready to play. The coach requests a timeout/she has NOT used 2 timeouts.
38. \_\_\_\_\_ A team refuses to return to the court after the end of a team timeout because a player is still in the restroom.
39. \_\_\_\_\_ A player is not ready to enter the court during a substitution because she has jewelry on and the R2 instructs her to remove it.
40. \_\_\_\_\_ A coach fails to submit the roster at the pre-match conference (This pertains to the regular REAL volleyball rules before Covid19...)
41. \_\_\_\_\_ Team A serves the ball. Team B passes first ball, player on Team B sets ball to hitter and ball contacts antenna.
42. \_\_\_\_\_ Team A requests and is granted a timeout. At the end of the timeout, Team A requests a substitution.
43. \_\_\_\_\_ A player tells the referee "you are a horrible referee and you missed 3 doubles!"
44. \_\_\_\_\_ The assistant coach for Team A has been verbally warned to remain seated during play. Two plays later, the assistant coach goes to the area at the end of the bench during play to talk to the libero who just came out of the set.
45. \_\_\_\_\_ Team B has been previously warned about libero replacements occurring in the substitution zone. Team B libero enters court through replacement zone but middle hitter exits court through sub zone.
46. \_\_\_\_\_ Before Set 1, R2 checks lineups for both teams. Before she can "give the court" to the R1 for beckon, Team A requests a timeout.
47. \_\_\_\_\_ After reacting spontaneously to an outstanding play, substitute on Team B bench, who has been warned, runs courtside to "high five" a player for an outstanding kill.
48. \_\_\_\_\_ The head coach for Team A continues to raise 2 fingers in air questioning double calls that she thinks the first referee has missed.
49. \_\_\_\_\_ After a mind change by the referee, Team A, who had been originally awarded a point, but decision was reversed, requests her second timeout.

50. \_\_\_\_\_ Team A attacks the ball, Team B passes the ball and shanks the pass, another Team B player chases the errant ball and passes it back to the court but follows through into the adjacent court where another match is being played.

51. \_\_\_\_\_ The coach is removed from the match for repeated unsporting conduct and there is no authorized school personnel to assume the duties of a head coach. The team requests to have a parent coach the team.